OUTDOOR EDUCATION CENTRE:

Parent/Guardian Information Package

Camp Wahanowin Outdoor Education Centre

www.wahanowin.com • 416-482-2600

Contact Information:

Inquiries - outdooreducation@wahanowin.com

Andrea Basen, Manager: Camp Experience & Logistics/ Group Bookings - andrea@wahanowin.com

Harry Catterall, Outdoor Education Centre Manager – harry@wahanowin.com

WHAT'S INCLUDED:

A Note To Parents & Guardians.....3
Why Camp Wahanowin?.....4
Sample Schedule.....5
Activity Information.....6
Sample Menu.....7
What To Pack.....8
Facilities.....9-10
Camp Map.....11

A NOTE TO PARENTS & GUARDIANS

We know that attending a sleep-away camp can sometimes be an intimidating experience for kids. We also know it can be equally challenging for parents and guardians!

In this document, you will find detailed information on our program, activities, dietary accommodations, packing recommendations and facilities. We want you to have all the reassurance necessary to know they are in good hands and embarking on an experience that will provide them with skills and memories for a lifetime.

With decades of experience providing quality outdoor education, you can have confidence that safety, inclusion and care are our highest priorities. Our qualified staff, well-established procedures, and thoughtfully planned operations ensure a supportive, secure, and enriching environment where campers can learn, explore, and thrive in nature.

We look forward to sharing this unique experience with your children and supporting them every step of the way.

OEC Leadership Team

WHY CAMP WAHANOWIN?

Prime Location: Camp is located only 90 minutes north of Toronto, 5 minutes from Emergency Medical Services and 20 minutes from the closest hospital

Full-Service Program: All meals, snacks, programs, activities and accommodations are included in pricing. Camp provides a balanced schedule tailored to meet the objectives and goals of each unique group.

Flexible Availability: We offer 2, 3 and 4 night trip options in May, June and September, as well as weekend bookings**.**

Safe and Secure: All activities and programs are supervised by qualified and certified staff who receive extensive training and necessary qualifications in each activity area. They are also certified in CPR and First Aid and have received an EPIC (Enhanced Police Information Check).

Comfortable Accomodations: Group chaperones reside in private and/or semi-private cabins near their participants. All cabins have electricity, private washrooms, and showers.

Delicious and Nutritious Food: Breakfast bar, soup and salad bar, mid-morning, and evening snacks. Dedicated special diets team to accommodate complex needs.

No Fuss - Unpack and Enjoy: Camp staff are responsible for the program curriculum and instructional activities . Schedules are designed to optimize every hour of the day, taking advantage of the outdoors and keep kids active.

Diverse Activities: Camp provides something for everyone! From the creative to the athletic participant, camp offers enriching programs where the emphasis is on fun, personal empowerment and getting back to nature.

Confidence: Camp Wahanowin has more than 70 years of excellence in providing positive camping experiences. Camp is an Accredited Member of the Ontario Camps Association (OCA), Affiliate Member of the Lifesaving Society and also affiliated with OPHEA and Red Cross.

SAMPLE SCHEDULE:

TIME	MONDAY (ARRIVAL DAY)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY (DEPARTURE DAY)
7:30 am		Camp Wide Quiet Ends	Camp Wide Quiet Ends	Camp Wide Quiet Ends	Camp Wide Quiet Ends
8:25 am		Flagpole	Flagpole	Flagpole	Flagpole
8:30am		Breakfast	Breakfast	Breakfast	Breakfast
After Breakfast until 9:15 am		Prepare for activities	Prepare for activities	Prepare for activities	Pack up Bags Cabin Clean up
9:25 am to 10:25 am		Activity Three	Activity Eight	Activity Thirteen	Activity Eighteen
10:35 am to 11:35 am	11:30 am - Arrive Move into cabins	Activity Four	Activity Nine	Activity Fourteen	Activity Nineteen
11:35 am to 11:45 am	Gather at meeting location for tour	Morning Snack	Morning Snack	Morning Snack	No Snack
11:50 am to 12:50 pm	Camp Tour	Activity Five	Activity Ten	Activity Fifteen	Early Lunch(11:45 am)
1:10 pm	Lunch	Lunch	Lunch	Lunch	Lunch
2:25 pm to 3:25 pm	Activity One	Activity Six	Activity Eleven	Activity Sixteen	Depart at 1:00 pm See you next year!
3:35 pm to 4:35 pm	Activity Two	Activity Seven	Activity Twelve	Activity Seventeen	
4:35 pm to 5:45 pm	Open Rec/Sports	Open Rec/Sports	Open Rec/Sports	Open Rec/Sports	
6:10 pm	Dinner	Dinner	Dinner	Dinner	
7:00 pm to 8:00 pm	Unpack TUck Shop Open	Free Time Tuck Shop Open	Free Time Tuck Shop Open	Free Time Tuck Shop Open	
8:00 pm to 9:30 pm	Evening Program	Evening Program	Evening Program	Evening Program	
9:30 pm	Snack Return to Cabins	Snack Return to Cabins	Snack Return to Cabins	Snack Return to Cabins	
10:30 pm	Camp Wide Quiet Begins	Camp Wide Quiet Begins	Camp Wide Quiet Begins	Camp Wide Quiet Begins	

ALL ACTIVITIES OFFERED AT WAHANOWIN MEET OR EXCEED ALL STANDARDS, RATIOS AND GUIDELINES AS STIPULATED BY THE ONTARIO CAMPS ASSOCIATION, OPHEA, TSSA, LIFESAVING AND RED CROSS

ACTIVITIES:

Activity periods are one hour in duration, and Wahanowin provides all the necessary equipment to enable full participation (e.g. helmets, PFDs, sporting equipment, etc.). All activities offered can be tailored to accommodate participants as young as grade one through to high school age.

Participants are divided into groups of approximately 14 participants and will be assigned a balanced activity schedule of Ropes Adventure, Waterfront, Land Sports and Enviro/Craft. Ropes and Waterfront, if requested, must be approved by the group's school board or regulatory body.

Wahanowin requires an on-site swim test to be conducted for all groups participating in waterfront activities, regardless of any testing completed prior to arrival, age of participant or waterfront experience.

ROPES ADVENTURE:

- Trapeze
- Climbing Wall
- Co-operative Games
- Team Ropes
- Initiative Tasks
- Zip Line

ENVIRO/CRAFT:

- Fire Building/Outdoor Cooking
- Shelter Building
- Plant I.D
- Orienteering
- Wilderness Training
- Arts and Crafts
- and more...

ADDITIONAL:

- A wide variety of Evening Programs
- Pre-Meal Dances
- Music Meals
- Theme Days
- Camp Songs and Games

WATERFRONT:

- Canoeing
- Kayaking
- Stand Up Paddleboarding (SUP)
- Swimming
- Waterpark (dates dependent)
- Fishing (subject to staffing)

Waterfront Options Upon Request/Permitted
Swim Test Must be Completed at Camp

LAND SPORTS:

- Archery
- Capture the Flag
- Field Games
- Biking
- Pickleball
- Tennis
- Hockey
- Baseball
- Basketball
- and more...

SAMPLE 3-DAY MENU:

Our menus are carefully planned in accordance to Canada's Food Guide, allergy awareness and popular tastes. We are proud of the meals that we serve and can accommodate most alternative or special dietary requests (vegetarian, vegan, lactose intolerant, celiac, religious, etc.).

We do not use foods that contain, "may contain" or are "processed in a plant that uses" peanuts, tree nuts, pork or shellfish.

Due to potential cross-contamination, no foods contain sesame or poppy seeds, although they "may contain".

Outside food is not permitted due to strict allergen protocols.

Participants or chaperones with dietary restrictions or allergies should contact the camp to discuss needs.

	DAY 1	DAY 2	DAY 3
BREAKFAST		Apple juice Hot chocolate Cold cereals Breakfast bar Pancakes, syrup Turkey Sausage Rounds Boiled eggs Lac/Vgn - GF waffle, soy/rice/lacteeze milk Beyond sausage GF - GF waffle, Chex	Orange juice Hot chocolate Cold cereals Breakfast bar Croissants Sliced tomatoes, cheese Boiled eggs Lac/Vgn - bagel, soy/rice/lacteeze milk GF - GF bagel, Chex
	Apple Slices	Rice Krispie Squares	Frozen Yogurt
LUNCH	Soup station Salad bar Taco seasoned ground beef Hard shells, Flour shells Lettuce, Diced Tomato Nacho chips, Salsa, Sour cream, Guacamole Kosher - Beef or Chicken Veg - Refried beans GF - GF Tortilla	Soup station Salad bar Soft Kaiser buns Turkey, Salami, Cheese Slices, Lettuce, Tomato, Onions Potato chips Lac/Vgn - Vegan Grilled Cheese GF - TBA	Soup station Salad bar Grilled cheese Kettle Chips Veg Crudité Lac/Vgn/Veg - Spinach patties, Vegan Grilled Cheese Kosher - Turkey or Beef GF - GF Roll
DINNER	Salad Bar Hot dogs, buns Brown beans Perogies, Chip Mayo Kosher - Hot Dog Vegan - Veggie Dogs GF - GF Bun, GF Baked fries	Salad Bar Rotini Bolognaise sauce Garlic Bread w/ cheese Lac/Vgn - Pasta w/tomato sauce, garlic baguette GF - GF pasta w/sauce, GF hot dog bun	
	Popcorn	Cookies	

WHAT TO PACK:

Please use this as a guideline when packing for camp and look at the forecasted weather in Orillia to pack accordingly. Programs occur rain or shine, so be sure to note the mandatory items below. In addition, please pack in soft luggage (duffle bag preferred) and label all personal belongings.

SUGGESTED CLOTHING

- 1 garbage or laundry bag for dirty clothes
- 1 bathing suit (must bring if school is swim testing)
- 2 pairs of jeans or sweat pants
- 3 pairs of shorts
- 2 sweat shirts or sweaters
- 4 T-shirts/long sleeved shirts
- 5 pairs of socks
- Hat
- Raincoat (mandatory)
- Rubber or hiking boots (mandatory)
- Running shoes
- Underwear
- Warm sleepwear - pyjamas or sweats

** Activities occur in all kinds of weather, therefore warm and waterproof outer wear and footwear are essential**

TOILETRIES AND OTHER ESSENTIALS

- 2 towels
- Toothbrush
- Toothpaste
- Soap in container
- Shampoo, conditioner
- Deoderant
- Bottle of sunscreen (30 SPF or higher)
- Insect repellent
- Small bottle hand sanitizer
- Water bottle - refillable

BEDDING

- Warm sleeping bag
- Bottom sheet
- Pillow
- Blanket

OPTIONAL ITEMS

- Alarm clock
- Baseball glove, Fishing Rod, Tennis Racquet
- Digital Camera
- Flashlight with extra batteries
- Money (cash only)
  - for tuck/treats (1 for $3, 2 for $5)
  - for clothing (shirts, sweatpants, hoodies and hats range from $25-$65)

ITEMS NOT TO BRING TO CAMP

- Any clothing/items NOT permitted at your school
- Cell Phones (disruptive to experience)
- iPods, iPads (expensive, disruptive to experience)
- Water guns, matches, Swiss army knives
- Food - Outside Food is NOT permitted at camp (attracts animals, allergy concerns)
- Gum
- Plastic water bottles
- Expensive clothing or equipment

OEC FACILITIES

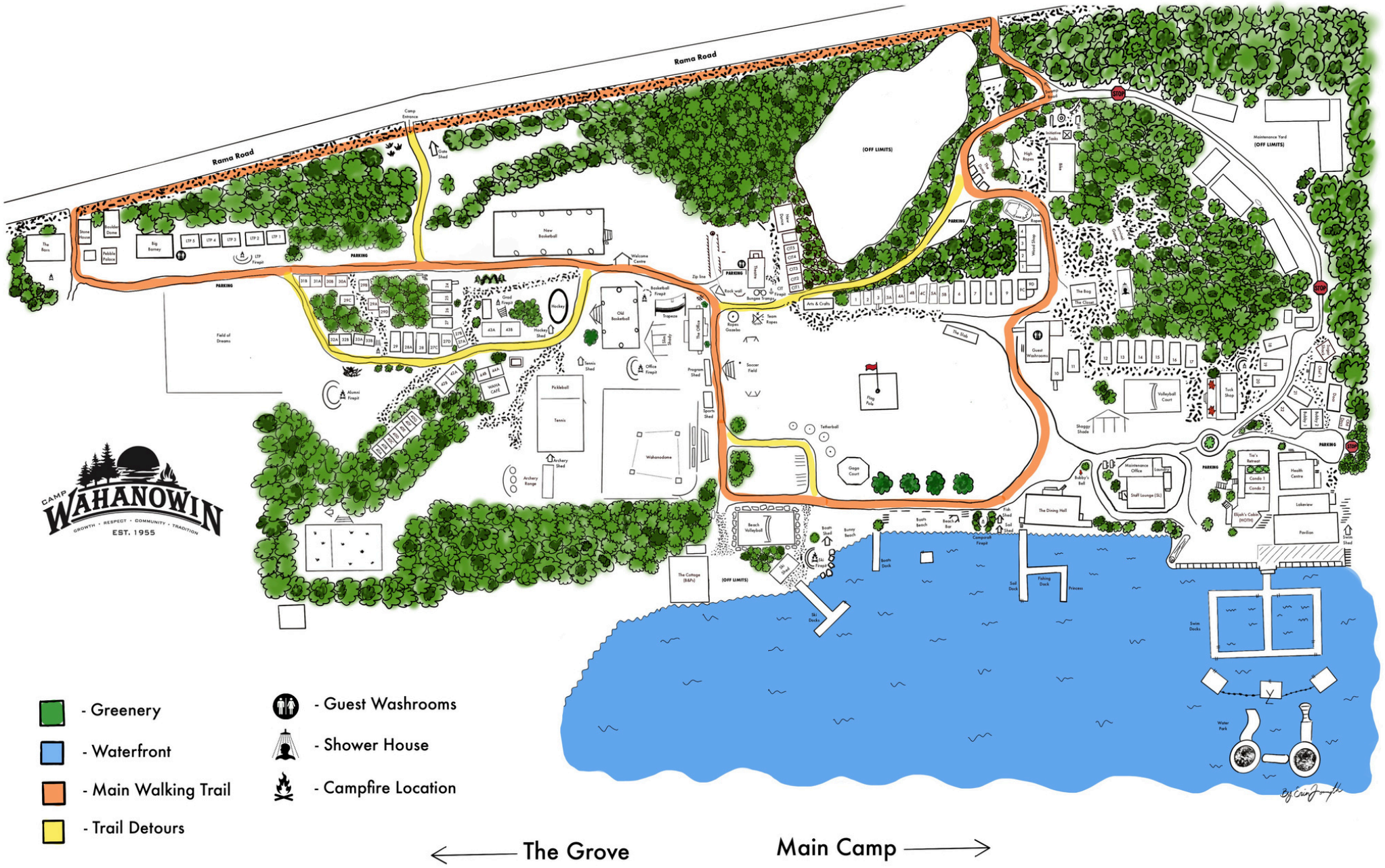
Main Camp Cabins

Grove Cabins

Dining Hall

OEC FACILITIES

Grounds


Rama Road
Rama Road
CAMP WAHANOWIN
GROWTH • RESPECT • COMMUNITY • TRADITION
EST. 1955
- Greenery
- Waterfront
- Main Walking Trail
- Trail Detours
- Guest Washrooms
- Shower House
- Campfire Location
The Grove
Main Camp