



Packing List

Helpful Hints

- Label everything clearly and permanently
- Pack belongings in maximum **2** soft sided duffel bags (no suitcases). Shelf space is limited. Carry on bag for bus is permitted.
- Do not send expensive clothing or equipment - campers play in all kinds of weather. Although all reasonable precautions are taken, the camp is not responsible for loss, damage or theft of any belongings.
- The following list is only a suggestion of what to bring. We encourage parents to use what they have on hand and limit any new purchases.
- All campers and staff wear white shirts and “nice” bottoms for Friday dinner

Clothing

- 10 short sleeved T-shirts
- 4 long sleeved T-shirts
- 4 sweatshirts
- 2 white t-shirts
- 1 Olympiad Shirt (Waha-red, Nowin-white)
- 1 Pink shirt for Pink Day
- Shirt, accessories in Unit Colour (BB-Bear-white, Eagle-orange, Senior-red, Grad-green, PG-grey, Alumni-blue, LTP-pink, CIT-black)
- 6 pairs of shorts
- 3 pairs long pants (jeans or sweats)
- 2 white tops for Friday (long and short sleeved)
- 2 nice bottoms for Friday
- 1 warm jacket or fleece
- 1 raincoat
- 14 pairs underwear
- 14 pairs socks
- 4 bathing suits
- 4 pairs of pajamas
- 2 sun or baseball hats
- 3 pairs running or casual shoes
- 1 pair flip flops, slides or Crocs
- 1 pair rain boots

Toiletries

- 6-8 large towels
- Shower tote or bucket
- Shampoo and conditioner
- Body wash or bar of soap (no nut oils)
- Toiletry bag
- Toothbrush, tube of toothpaste x2 each
- Hair brush or comb
- Deodorant
- Nail clippers
- Sunscreen, waterproof 30+ SPF x2 bottles
- Insect repellent (non-aerosol)
- After-Bite anti-itch stick
- Feminine hygiene product (if applicable)

Bedding

- 2 single/cot sheet sets
- 1 duvet or comforter
- 1 blanket
- 1 pillow
- 2 pillow cases

Essential Items

- Backpack, cinch sack, fanny pack to carry masks, sanitizer, water bottle
- 50 x 3-ply disposable face masks ~~—or—~~ 20 x cloth masks, plus a washable mesh bag
- Flashlight with extra batteries
- Games (nothing electronic)
- Small hand sanitizer bottles minimum 60% alcohol (to fit/attach to backpack; not with pump)
- Reusable water bottles x2
- Sleeping bag (1 per family for overnights)
- Stationery, pens, pre-addresses envelopes
- Tackle box for personal items (no lock)

Optional Items

- Alarm clock
- Baseball glove
- Bathmat, small rug for bedside
- Bathrobe (to wear to showerhouse)
- Battery operated fan
- Books, comics
- Box of Kleenex
- Digital camera, charger
- Dry bag (per family for canoe trips)
- iPod Shuffle
- Shoe bag to hold small items
- Slippers
- Stuffed animal
- Sunglasses
- Tennis Racquet
- Wahanowin T-shirt or sweats
- White T-shirt for tie-dyeing

Items Not to Bring

- Anything containing nuts, nut oils (scrubs, soap)
- Bicycles
- Bottled water, food, gum
- Candles, lighters, matches, mosquito coils
- Cell Phones
- Electric appliances - electric blankets, curling irons, fans, hair straighteners, hot pots, kettles, lamps
- Electronics with screens - iPad, iTouch, laptops, PSP, video games, exception Kindle/Kobo
- Furniture - inflatable/folding chairs, shelves
- Permanent markers
- Walkie-talkies
- Weapons, Swiss Army knives, water gun