



WAHANOGUIDE

2019

ALL THE INFORMATION A PARENT NEEDS TO KNOW!!

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IMPORTANT DATES

| | |
|----------------------------|---|
| Sunday, June 23 | BAGGAGE DAY –Full Season, July, July Plus and Two Weeks Plus Campers in Toronto Area (11am- 3pm) |
| Thursday, June 27 | OPENING DAY – CITs |
| Friday, June 28 | OPENING DAY – Full Season, July, July Plus and Two Weeks Plus Campers |
| Monday, July 15 | Two Weeks Plus session ends |
| SATURDAY, July 20 | VISITORS DAY - 10:30am to 3:30pm |
| Thursday, July 25 | July session ends |
| Friday, July 26 | August and Dozen Days sessions begin |
| Monday, July 29 | SUPER SUMMER SLEEPOVER begins |
| Tuesday, August 6 | July Plus and Dozen Days sessions end |
| Thursday, August 15 | CLOSING DAY - CITs, Full Season and August sessions end |



TRANSPORTATION TO AND FROM CAMP

The bus and baggage fee included in your camp fee covers transportation to and from **Toronto** or **Niagara Falls** for campers and CITs. All campers and CITs are responsible for getting themselves to and from our [Toronto bus pick up location](#) or for those campers coming in from [out of the province](#) or [country](#) to [Toronto's Union Station](#) or [Toronto's Pearson International Airport](#).

All campers within Ontario (except Niagara Falls) will be assigned to a Toronto bus; all campers travelling from Buffalo/Niagara Falls/Cleveland are assigned to the Niagara Falls bus and those travelling from Montreal may take ViaRail to Union Station in Toronto where he/she will be met by a Wahanowin staff member. All parents should confirm travel arrangements with our office if their child is travelling by a different means or coming to camp from a city not listed above.

American and International Campers - Please ensure that your camper has citizenship documentation (birth certificate or passport) with them, which are to be kept in our camp office. Campers that are escorted over the border can bring a photocopy of this document. Campers flying in from out of Canada must have original documents with them. In addition, they must have a letter of permission stating they are travelling alone and are being met in Toronto by a Camp Wahanowin staff member. **Parents should check the airline's policy on unaccompanied minors travelling alone and ensure that the appropriate document and monies are provided for their return trip home.** Please contact our Toronto office to confirm travel plans once they are finalized so we can coordinate their pick up. The camp requests that parents try to arrange arrival and departure times at Toronto's Pearson Airport to be between 10:00am and 2:00pm. Camp Wahanowin staff will be there to assist with baggage and disembarking/checking in. Families who reside out of province that wish to drive their campers to the Toronto bus location must call our office to reserve space.

BUS DEPARTURE LOCATIONS

| | |
|--|---|
| <p>Toronto Bus</p> <p>"Silvercity Richmond Hill" movie theatre parking lot Highway 7 and Yonge Street 8725 Yonge Street Richmond Hill</p> | <p>Niagara Falls Bus</p> <p>Shopper's Drug Mart Plaza 5175 Victoria Ave near McRae St Niagara Falls, Ontario</p> |
|--|---|

TORONTO AND ONTARIO CAMPERS

Toronto Bus - Campers travelling to camp should arrive 30 minutes prior to departure for boarding and baggage loading (Campers travelling on Opening Day should see section “Baggage Day” for information about early baggage pick up). Campers returning to Silvercity will have their baggage arrive 30 minutes prior to the buses. Campers are assigned to buses by unit. We will also offer a “sibling” bus for those families who would like to sit together.

| | Sessions Applicable | Departs from Silver City | Arrives at Silver City |
|-------------------------|--|--------------------------|------------------------|
| June 27 | CIT | 10:00am | |
| June 28 - Opening Day | Full Season, July, July Plus and Two Weeks Plus sessions begin | 10:00am | |
| July 15 | Two Weeks Plus session ends | | 11:00am |
| July 25 | July session ends | | 11:00am |
| July 26 | August and Dozen Days sessions begin | 10:00am | |
| July 29 | Super Summer Sleepover Begins | 10:00am | |
| August 2 | Super Summer Sleepover Ends | | 11:30am |
| August 6 | July Plus and Dozen Days sessions end | | 11:00am |
| August 15 - Closing Day | Full Season, CITs and August sessions end | | 10:30am |

MONTREAL AND SURROUNDING AREA CAMPERS



Wahanowin campers traveling from Montreal will travel to Toronto by **VIA Rail** train service. Please book your ticket(s) online at www.viarail.com or by calling (514) 989-2626. In the event of a delay, please send a snack or money to purchase food with your child. The train will be met at Union Station by a Wahanowin staff member who will assist with disembarking and accompany them to camp (approximately 90 minutes away). At the end of camp, Campers returning to Montreal by train will be accompanied by a Wahanowin staff member to Union Station who will assist them with loading baggage and boarding. The camp will provide a snack for the ride to camp.

We ask that you book your camper(s) on the following trains for the upcoming camp season:

Full Season Campers:

| | Departs from Dorval Station | Arrives at Dorval Station |
|-------------------------|-----------------------------|---------------------------|
| June 28 - Opening Day | Train #61 7:11am | |
| August 15 - Closing Day | | Train #64 4:30pm |

July Campers:

| | Departs from Dorval Station | Arrives at Dorval Station |
|-----------------------|-----------------------------|---------------------------|
| June 28 - Opening Day | Train #61 7:11am | |
| July 25 - Closing Day | | Train #64 4:30pm |

August Campers:

| | Departs from Dorval Station | Arrives at Dorval Station |
|-------------------------|-----------------------------|---------------------------|
| July 26 - Opening Day | Train #63 10:10am | |
| August 15 - Closing Day | | Train #64 4:30pm |

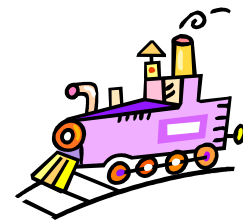
BAGGAGE

Each camper is allowed to check 2 duffle bags (weighing less than 70 lbs) and take 1 carry on bag on the train with them. Train #53 taking the CITs/campers to Toronto (Full Season, CITs and July campers only) does **NOT** have a baggage car. Therefore, duffle bags **MUST** be dropped off at Dorval station the day before the CIT/camper is scheduled to travel. Baggage for Full Season, CITs and July campers will be traveling to Toronto on **Train #57** departing from Dorval on June 27th at 10:04AM. **The baggage MUST be checked in anytime before 9:00AM** to allow enough time for all bags to be checked and loaded properly. Be sure to take the camper/CITs travel documents (train ticket, photo ID, etc.) with you in order to make checking in the bags a smooth and hassle-free process. Once the bags are checked in, you will receive a “**claim ticket**”, this claim ticket **MUST** accompany the camper/CIT to Toronto in order to claim their bags at the other end. Please put this claim ticket in a safe location and ensure the camper knows where it is and to give it to the staff member greeting them upon arrival in Toronto.

BUFFALO, NIAGARA FALLS, CLEVELAND AND SURROUNDING AREA CAMPERS

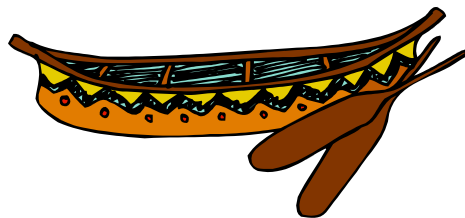
Niagara Falls Bus – Campers travelling to camp should arrive with their baggage 30 minutes prior to departure for boarding. The camp will provide a snack during the trip (approximately 3 hours) and shortly after their arrival lunch or dinner will be served. Campers and their baggage will be returned to the Shopper’s Drug Mart plaza at the specified times below. Camp will provide a snack for the trip home. ***Transportation on this date will be based on camper numbers and may not be offered.*

| | Sessions Applicable | Departs from Shopper’s Drug Mart | Arrives at Shopper’s Drug Mart |
|------------------------------------|--|----------------------------------|--------------------------------|
| June 28** Opening Day | Full Season, July, July Plus and Two Weeks Plus sessions begin | 11:00am | |
| July 25** | July session ends | | 12:30-1:00pm |
| July 26** | August and Dozen Days sessions begin | 1:00pm | |
| August 7** | July Plus and Dozen Days sessions end | | 12:30-1:00pm |
| August 16** Closing Day | Full Season, CITs and August sessions end | | 12:30-1:00pm |



DRIVING TO CAMP POLICY

Parents MAY **NOT** drive their children to camp. Our arrival and departure days are very busy and we want to focus our complete attention on the coordinated and safe arrival of all campers from the airport, train station and various bus departure locations. It has also been our experience that it is easier to say goodbye at the buses and this way all campers depart together and arrive at camp at the same time. Upon request, parents may pick their children up at the end of their camp session. For more information or to confirm a pick up, please call our camp office during your child’s stay at (705) 325-2285.



BAGGAGE DAY SUNDAY, JUNE 23rd - TORONTO AREA OPENING DAY CAMPERS

Campers in the Toronto and surrounding area attending sessions that begin June 28 (Full Season, July, July Plus days and Two Weeks Plus) are requested to drop off their baggage prior to Opening Day (enabling us to unpack ahead of time so beds are made and shelves are stocked!). Take your 2 duffel bags to one of three convenient drop off locations between the hours of **11:00am and 3:00pm**

| | |
|------------------------------------|--|
| Mid-Toronto and Forest Hill | Forest Hill Collegiate at Vesta and Eglinton Avenue - Front Entrance driveway of school on Eglinton Ave. |
| Willowdale and Don Mills | York Mills Collegiate at York Mills and Sanfield - Main parking lot |
| Thornhill/Richmond Hill | Famous Players Silver City Richmond Hill Highway 7 and Yonge Street - Main parking lot |

All bags placed on the baggage truck must be labelled with a Wahanowin tag (to be provided). When indicating the total number of bags, only include those being placed on the truck that day: do not include carry on luggage that will be transported at a different time. If you are not sending your baggage on this day please let our office know ahead of time.

Those campers attending sessions that begin later in the summer or those opening day campers bringing bags with them to the bus, should arrive 30 minutes prior to departure time for loading.

PACKING FOR CAMP

For a specific list of "What to Bring" and "What Not to Bring" to camp, please refer to our "**WHAT TO PACK**" Checklist.

LABELLING BELONGINGS

Please ensure that your camper's name (first and last) is on everything they bring to camp - clothing, shoes, towels, sports equipment, sleeping bags, cameras, flashlights, etc. Use either a permanent marker or name tapes. Many camp stores offer nametapes while a few companies have mail order service.

Please contact these companies directly for ordering information and current pricing.

Camp Connection - 526 Lawrence Avenue West - (416) 789-1944 - www.campstore.com

Name Tapes - 101 Bideford Avenue - (416) 733-8188 - www.nametapes.ca

RagTags - 550 Eglinton Avenue West - (416) 483-0296 - www.ragtagstltd.com

DUFFEL BAGS

Suitcases and trunks are not acceptable for packing your camper's belongings due to their bulkiness for transportation and storage. Please pack everything into duffel bags and label with baggage tags (which will be sent to you). Campers are limited to a maximum of 2 duffel bags, which will easily accommodate the required amount of clothing. Excessive and unreasonable quantities of clothing exceeding our recommendations will not be unpacked, but will be stored until the camper's departure from camp.



CARRY ON, OVERNIGHT BAG OR TOOL BOXES

These accessories are carried en route and may contain last minute articles such as toothbrush, baseball glove, etc. Remember to put a tag on your carry on bag. The camp reserves the right to open and inspect bags/tool boxes at any time. Tool boxes are not to be locked.

EXPENSIVE GEAR

Expensive clothing, cameras and musical instruments are brought to camp at parent's and camper's own risk. We suggest that you arrange insurance coverage on a "Floater Policy" on any costly items. The camp, though taking all reasonable precautions, cannot be held responsible for loss, damage or theft of any camper's belongings in transit or while at camp.

LAUNDRY SERVICE

Camp laundry is completed by an outside contracted service once a week. This service includes washing, drying, folding and returning all articles to camp the next day. Please do not send any clothing that requires delicate laundering as they may not stand up to camp laundering. Send old clothes and keep your purchases of new items to a minimum. Be sure that all items are pre-washed prior to camp to avoid shrinkage or dye leakage in our laundry.

LOST AND FOUND

Due to the group living experience, fast paced nature of camp and constantly changing clothes for different activities, clothing and personal belongings will be misplaced. Every activity area has a "lost and found bin" and clothing is regularly collected by our cleaning staff and distributed back to the appropriate cabins. Every effort is made to ensure campers go home with everything they came with, but this is often an unrealistic goal.

Greater emphasis on routines, cabin cleanliness and camper responsibilities have reduced this problem and we will continue to fight the battle of missing socks, towels and t-shirts! Please encourage your campers not to borrow or loan clothing as this will help reduce lost items. However, while reasonable care is taken by the camp to keep track of camper clothing, the nature of group living and the rugged active lifestyle at camp makes it certain that clothing **WILL BE LOST OR DAMAGED**. Parents please expect this loss and send items that are disposable if possible. For the reasons stated above, the camp **CANNOT BE HELD RESPONSIBLE** for the loss, disappearance or damage of campers clothing or belongings no matter how caused.

Clothing and personal belongings (that are labelled) and found at camp after campers leave will be collected, laundered and delivered to your home (or sent by mail to non-Toronto families) within two weeks of the end of the camp season. Your understanding in this matter is appreciated.

SPENDING MONEY

Spending money is not required by most campers at camp. However, older campers in the LTP and CIT Units will participate in several camp excursions and may wish to make purchases while on these outings (\$100 is usually sufficient). Please remember cost of food, entry fees and transportation is paid by the camp. The camp offers a "banking service" that requires campers to place valuables (travel tickets, cash etc.) in our office safe. The camp will not be responsible for the loss of any money or valuables not brought to the office for safe keeping.

VISITORS DAY - SATURDAY, JULY 20th - 10:30am to 3:30pm

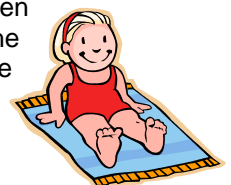
Wahanowin has one Visitors Day mid-way through the summer when parents are invited to visit camp. This day is a wonderful opportunity to see your child's cabin and meet their Unit Head and counsellors. We have activities open to participate at and invite you to enjoy a delicious buffet lunch (including our famous Snickle Snackle Chelsea buns!), which you can share with your child.

To continue the success of Visitors Day and make it fair for all campers and parents we need everyone to abide by the same guidelines.

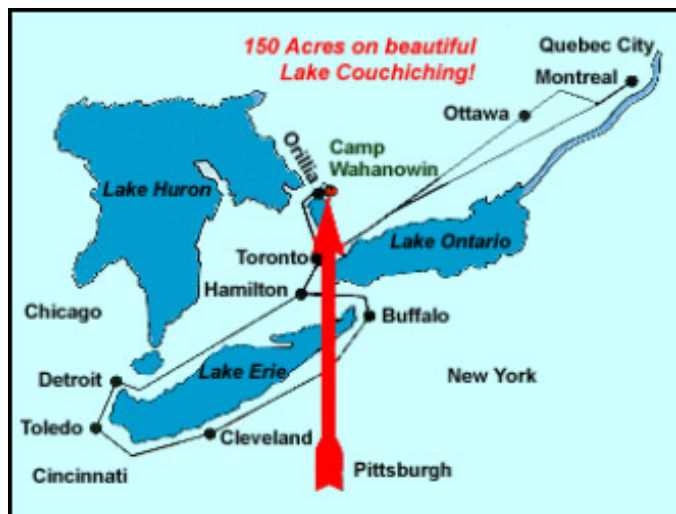
- Gates for parking will be opened at 9:45am
- Visiting begins at 10:30am
- Activities will be open throughout visiting hours - don't forget your bathing suit
- Parents may take their children out of camp (for lunch, shopping, to the cottage) but only during scheduled visiting hours
- Parents may not take their children out overnight or for extended hours.
- Parents may bring a picnic lunch to share with their children, but may not leave any food behind (refer to Food Policy)



Alternate visiting days are not available, so please inform relatives that wish to see your children during the summer of the date too! Campers whose parents are divorced and unable to attend the same day can make alternate, out of camp arrangements. Please contact our office to make arrangements.



MAP TO CAMP



DISTANCES AND DRIVING TIMES TO CAMP

| | | |
|----------|-------|------------|
| Toronto | 150km | 90 minutes |
| Montreal | 600km | 6 hours |
| Buffalo | 450km | 4½ hours |

FROM SOUTH OF CAMP

- From Highway 401 take Highway 400 north towards Barrie
- Follow Highway 11 north towards Orillia
- Exit on to Highway 12 south(2nd Orillia interchange)
- Continue along 12 through 8 sets of lights, over the Narrows bridge to Rama Road.
- Turn left (north) on Rama Road and travel for 10km.
- Camp Wahanowin is on the left (west side of Rama Road).

FROM NORTH OF CAMP

- Take Highway 11 South
- Exit on to Road 169 South at Washago
- Continue through the town of Washago (about 2km)
- Turn right (south) on Rama Road and travel for 8km.
- Camp Wahanowin is on the right (west side of Rama Road).

ACCOMMODATION NEAR CAMP

Parents driving from Toronto can easily make the round trip to camp in one day. For visitors travelling from out of province that wish to stay locally this is a partial list of nearby hotels. Reservations should be made well in advance, since availability is very limited during the summer.

| Hotel/Resort | Approx. Cost/Night | Distance from Camp | Phone Number |
|--|-------------------------------------|--------------------|----------------|
| Days Inn (Wyndham) 5850 Rama Road, Orillia, ON. L3V 6H6 | \$190 + tax CAA Rate \$165 + tax | 4km | (705) 326-8288 |
| Couchiching Inn (Best Western) 440 Couchiching Point Road, Orillia, ON. L3V 6P8 | \$190 + tax CAA Rate \$170 + tax | 10km | (705) 325-6505 |
| Quality Hotel (Choice Hotels) 2 Front Street North, Orillia, ON. L3V 4R5 | \$140 + tax CAA Rate \$125 + tax | 13km | (705) 325-0770 |
| Comfort Inn (Choice Hotels) 75 Progress Drive, Orillia, ON. L3V 6H1 | \$135 + tax | 15km | (705) 327-7744 |
| Econo Lodge (Choice Hotels) 265 Memorial Avenue, Orillia, ON. L3V 5X8 | \$85 + tax | 15km | (705) 326-3554 |

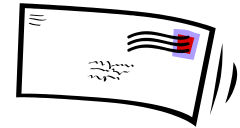
COMMUNICATING WITH CAMP

MAIL

Communication between parents and their children is an important part of camp. Who doesn't love getting mail? Campers are encouraged to write to parents three times per week. In fact, to receive tuck they must hand in a letter home as "payment" for their treats. Occasionally letters from camp may seem sad, which may concern you. Parents are encouraged to keep in mind that most campers have a settling in period to camp or may have brief moments of unhappiness. This, while upsetting, can be a natural part of camp for some children. Many campers, even those that attend each summer, may experience homesickness. Our staff are aware of this and work at ensuring each child's adjustment to and memories of camp are positive. Most temporarily unhappy campers bounce back within an hour of mailing the letter and we encourage parents to recognize this. If there is something contained in your child's letter that you wish to follow up, please leave a message with the camp and someone will contact you.

Mail is dropped off and picked up in Orillia every business day. Mail between Toronto and camp can take 5 to 7 days to reach its destination. Those letters travelling out of province or country may take even longer. Parents are encouraged to write to their children before their arrival at camp to ensure they receive a letter within the first day or two. Our camp mailing address is:

Camp Wahanowin
Your Child's First and Last Name
P.O. Box 850
Orillia, ON L3V 6K8



Shortly after arriving at camp, we will post your camper's cabin number on our website. Once you know this, please include it with your child's name on mail. Cabin numbers are not given out prior to the start of camp.

As part of the Tuck fee charged to your account, Wahanowin stamps all outgoing mail, so there is no need to send postage with your child. It is recommended that you send pre-addressed envelopes with your child. Although helpful for all ages, campers under 10 particularly benefit from this. We try and check outgoing mail, but often cannot tell who it is going to and who it is from if the address is incomplete. Provide envelopes for yourselves, grandparents, aunts and uncles, friends and anyone else you want your child to write to throughout the summer.

PACKAGES

Wahanowin will **not** receive or accept courier envelopes, large packages or boxes at camp. Although the intentions of parents are good, the arrival of packages creates undue competitiveness; expectation and disappointment within a cabin group (particularly for those campers that do not receive many), puts pressure on parents and adds undue expense. In addition, packages usually contain unnecessary or contraband items. It is our experience that campers love receiving any type of mail! Therefore we have set limits on the types of packages we will receive at camp.

Envelopes only (maximum size of 9" x 15")

Envelopes must be flat (no more than 1/2" thick) - send only letters, magazines or comic books

Do not send food, candy, gum, etc. (See our Food Policy Section in the *Wahanoguide* at www.wahanowin.com for more details)

Do not send food, clothing, hats, toys, games or loot bags

Non-flat envelopes or boxes sent to camp will not be returned and will be disposed of (as well we will not open packages and pass along "allowed" items). Campers that need necessities (shampoo, soap, hairbrush, etc.) can replenish these items from our office, the cost of which is covered by your camper fee. If there is a need to send up additional absolute necessities (socks, underwear, glasses, etc.), parents must contact the office and have the items cleared with the office staff, which will in turn open the package and give the item to the camper.

Parents wishing to courier* a **flat** envelope to camp must address it to our actual site address which is:

Camp Wahanowin
Your Child's First and Last Name
6726 Rama Road
Longford Mills, ON L0K 1L0

All of the main couriers deliver to camp, including FedEx, Purolator and UPS. **We recommend you do not use any Canada Post courier services, because they are delivered to neither our mailbox nor site, but a different post office we do not use for business.*

TELEPHONE

It is a strict camp policy that campers and CITs may not call home or receive telephone calls at camp. In addition to being disruptive to the daily routine, our experience has shown that telephone conversations, however well intentioned, tend to bring sadness and tears. The only exception is in the event of a family emergency. Concerned parents of first time campers are welcome to call and find out how their child is doing a week into camp, but continual updates take time away from what the primary focus is for our staff - we want our counsellors and Unit Heads to focus their time and energy relating directly with their campers. We will **always** notify you if we feel there are issues you should be aware of, but the majority of the campers adjust very well and there are few situations in which a phone call is warranted.



If the camp feels it is necessary to contact you, one of our directors, Bruce Nashman, Patti Nashman or Peter Thistlethwaite, will call you. As always, our camp office staff will be happy to help you with any administrative phone calls throughout the summer. Also, any information you can provide us before camp begins will help reduce the volume of calls throughout the summer.

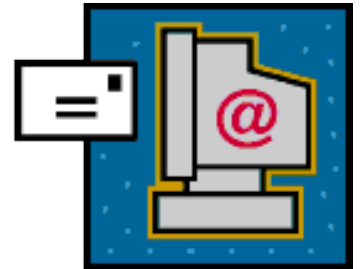
Camp Office Phone Number: (705) 325-2285

FAX

Our fax line is strictly dedicated for business purposes during the summer. It can not be used as a means to communicate with your children, if you have to send us a travel itinerary, completed health form or other business related documents throughout the summer, please call our office and we will provide you with the number.

E-MAIL AND WEBPAGE

We are continuing our highly successful email service once again for the coming summer. This email service will be available through Bunk1 directly (www.bunk1.com) and is password protected. Parents should think of this service as a fast, effective method of writing letters to their campers (In addition to mail sent by regular post). Emails will be downloaded once a day and delivered to your child(ren) either that evening or the next day at Rest Hour.



The fee for this service varies depending on package chosen. See www.bunk1.com for more details.

We are very excited about offering this service and at the same time concerned about its success and the administrative impact it will have upon camp. Therefore, parents that take advantage of this means of communication must follow the following guidelines;

- One email per camper per day from parents
- The email sent must be limited to one page

More information about the Bunk1 camper e-mail service offered will be provided in your final information package arriving in your mailbox in May.

(*See Bunk1 information included in final information package for more details on the camper email service)

Parents wishing to communicate with our office during the summer must do so by telephone or regular mail. We are taking the summer off from office email, so please **do not** send any correspondence to info@wahanowin.com. Your cooperation with this matter is appreciated.

Check It Out!

Our website www.wahanowin.com will be accessible all summer and parents are encouraged to check it frequently - we are going to be updating it on a regular basis every day or two with news and photos so you can see your campers in action, having a blast at camp!



2018 CAMP WAHANOWIN SUMMER CALENDAR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---------|-----------|-------------------|-----------------------------------|---------------------|
| 23 BAGGAGE DAY | 24 PRE-CAMP BEGINS COUNSELLORS, SPECIALISTS & PKMD ARRIVE | 25 | 26 | 27 | 28 OPENING DAY | 29 |
| 30 | JULY 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 TWO WEEKS PLUS SESSION ENDS | 16 | 17 | 18 | 19 | 20 VISITOR'S DAY |
| 21 | 22 | 23 | 24 | 25 JULY ENDS | 26 AUGUST/DOZEN DAYS BEGINS | 27 WAHANO-ONE |
| 28 | 29 SSS BEGINS | 30 | 31 | AUGUST 1 | 2 SSS ENDS | 3 |
| 4 JULY PLUS & DOZEN DAYS SESSIONS END | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 CLOSING DAY | 16 | 17 |

CONTACTING OUR OFFICE

TORONTO OFFICE

September through June
(Closed June 22 to September 3)

227 Eglinton Avenue West
Toronto, ON M4R 1A9

(416) 482-2600 Phone

(416) 482-2860 Fax

1-800-701-3132 Toll free (Toronto Office)

Website - www.wahanowin.com

Email - **General inquiries:** info@wahanowin.com

Bruce - bruce@wahanowin.com

Patti - patti@wahanowin.com

Pete - pete@wahanowin.com

Tan - tan@wahanowin.com

Ruth - ruth@wahanowin.com

Katie - katie@wahanowin.com

CAMP OFFICE

June 24 to Sept 3

Camper Mailing Address

PO Box 850
Orillia, ON L3V 6K8

(705) 325-2285 Phone

If sending mail to your child,
be sure to include their name
(first and last)

Email - no email access

Website - www.wahanowin.com

Courier Address

6726 Rama Road
Longford Mills, ON
L0K 1L0

Please **DO NOT** send
Canada Post Priority or
Express Mail to this
address, as it is **not**
delivered to our door.

**FedEx, UPS & Purolator
although is delivered to
camp will not be accepted
and will be returned to
sender.**

****Please note: Our toll-free 800 number is not connected
to the camp office during the summer.**

CAMP POLICIES

BOTTLED WATER - *ENVIRONMENTALLY FRIENDLY POLICY!*

In our never-ending search to find the best solution for satisfying campers with drinking water, we have taken the following measures:

1. All tap water at Wahanowin is clean, filtered and completely suitable for drinking
2. Bottled water creates tremendous waste, is not environmentally friendly and poses potential health risks
3. Refrigerated drinking fountains are situated throughout the camp
4. Additional ice water stations are put out on hot and humid days
5. Ice water is available in the Dining Hall during meal times
6. Campers should bring refillable water bottles to camp (2 refillable bottles are recommended)

Bottled water will not be offered or allowed at camp. In addition, for campers that may have a concern about the taste of our delicious drinking water, we are allowing campers to bring a reasonable amount of flavour crystals with them to camp. Please respect and support this policy.

FIRE SAFETY

Recent fires at several Ontario summer camps have refocused our attention on fire safety and prevention. Wahanowin has always maintained a very strict and careful fire safety policy and our record over the years is a testament to that. However, in our efforts to provide the safest environment for our campers we need to reduce the risks as much as possible. In this regard, we need your support for the following policy. Campers **MAY NOT** bring the following possible fire risk items to camp: matches, lighters, flint sticks, aerosol sprays (including deodorant), flammable bug repellents, incense, mosquito coils, citronella candles, fire crackers, smoke bombs, or any other item that is deemed a fire hazard. Each summer we have to confiscate many of these items as well as deal with isolated incidences of campers "playing" with fire. The camp will have a zero tolerance attitude in this regard and violation of this policy may necessitate a camper's being asked to leave camp.

Another issue regarding fire safety is the amount of electrical devices and appliances campers bring to camp. This is a problem that has increased a great deal in recent years and must be addressed. Our rule is that each cabin may have only three electrical devices plugged in at anytime. Hot pots, heaters, decorative lights, electric blankets, kettles, TV's, Sega and other electronic games, as well as other inappropriate and unnecessary electrical items (See "What to Bring") will not be permitted at camp. Any such items found at camp will be confiscated and **not returned**. Fans are permitted but only those that are **battery powered**.

Finally, each cabin at camp is equipped with a smoke detector and a fire extinguisher. Both of these must be respected as safety devices and never considered as toys to be played with. Therefore fire extinguishers cannot be touched and batteries cannot be removed from smoke detectors.

EMERGENCY CONTACT POLICY

In the event of an incident or medical emergency at camp concerning your child we will try to contact you in the following order:

- One or both parents at home and/or work.
- Any cell, pager, cottage or weekend number for parents.
- Person listed as emergency contact home/business.

We will make every effort to contact you or your alternate contact person but if we are unable to reach you, the Camp Director will act on your behalf in the case of a medical emergency. If we are contacting you and it is NOT an emergency (i.e. behavioural concerns, medical update) we will leave a message or call again. Please don't be alarmed if you see our phone number on your call display or hear our voices on your answering machine.

FOOD POLICY

Several years ago we instituted a no food policy for all campers as a resolution for significant problems we found it was causing. They include the tremendous amount of garbage and waste created by the food, attraction of bugs and animals in the cabin, allergy concerns, cabin cleanliness and hygiene issues and probably most significant, the power struggles and negative feelings between those that have more versus those that have less.

Except for the bus ride to camp, do not send food of any kind (definition - **anything** that goes into the mouth - candy, pop, gum, soups, snacks/junk food, etc.) Be sure that any bus ride treat is nut free too! In addition to three meals a day (all you can eat!), campers receive a daily mid-morning and bedtime snack and tuck shop treats three times per week. All baggage brought to camp is inspected and any food found is collected and donated to a local food bank or thrown away. As well, any envelope that arrives at camp that appears to contain food shall be opened and the food will be removed. We request that parents support this important policy and avoid wasting time, effort and money by sending items that will be confiscated.

GRAFFITI

Graffiti is not permitted at camp, our cabins have been recently renovated and painted and therefore we have a strict no graffiti policy. Our campers and staff are asked to respect and abide by this policy. Campers or staff who do not observe this policy will be responsible for the cost of removing or repairing any damage done on camp property. Permanent markers are not allowed at camp and will be confiscated and not returned.

LEAVING CAMP

Campers may NOT leave camp for any reason without permission from the Camp Director. "Special Occasions" must be arranged prior to the start of camp and are subject to the Director's approval. Campers may not leave camp to attend concerts, shows, sporting events, family reunions, relatives visiting from abroad (try to co-ordinate these visits during visitors day), or other reasons deemed unacceptable to the camp. Fees will not be adjusted for any time spent away from camp during the summer for an approved function or event.

VISITORS

Our camp entrance and grounds are monitored by security personnel and head staff 24 hours a day. No unauthorized visits are permitted. Be sure all family and friends are aware of this policy. We provide you with the camp calendar well in advance of the summer so you can plan your summer accordingly. In this regard, our policy is that outside of Visitors Day, campers and CITs may not be visited. Please try to coordinate out of town guests and relatives being able to join you for Visitors Day if they want to see your children.

CAMPER CONDUCT

General behaviour of Campers, CITs and Staff is expected to be in keeping with the ideals upon which Wahanowin was founded. Our mandate includes protecting campers from verbal, mental, sexual and physical abuse from anyone. Bullying from other campers and any behaviour that compromises the well being of any child is not tolerated. Our policies are designed to reinforce these ideals and campers must adhere to the following "Code of Behaviour":

- Bullying and teasing other campers is NOT permitted.
- Swearing is an inappropriate way to communicate and not acceptable.
- All campers must remain in their cabins from camper bedtime until scheduled wake up. (No camper is allowed to be in cabins of the opposite sex)
- Campers will attend all scheduled activities.
- Campers are expected to contribute to the cabin community and do what they can to make everyone feel welcomed, comfortable and included.
- Respect for all camp equipment, facilities and property is required of all campers.
- Campers may not have or use cell phones or any communication device to contact family or friends outside of camp. **These items will be confiscated and not returned until after Labour Day.**
- Respect for each other's property and belongings is common courtesy and also required.

- Use your counsellors, unit head or camp director to help resolve any issues or problems you may have.
- Respect and abide by the no food policy at camp.
- Contraband items as they pertain to staff policies also apply to campers (ie. Campers and CITs may not possess, consume or be under the influence of any drugs or alcohol. As well, no camper or CIT is allowed to smoke)

Campers that do not respect this code shall receive a warning, after which if the behaviour does not improve parents will be notified. If the camper continues to prove to be a disruption to camp and the enjoyment of camp by others, they may be asked to leave.

Campers that breach our policy regarding drugs, alcohol and smoking will be asked to leave camp immediately and will not receive a refund of any fees.

MEDICAL CARE

HEALTH CENTRE PERSONNEL

The Wahanowin Health Centre is staffed around the clock by health care staff (consisting of registered nurses and/or registered practical nurses and/or nursing students and/or certified first aiders) and our resident physician is available at all times. Doctors Sharon Domb, Mara Cole, Jeff Pernica, Steven Moss, Jordan Carr and Howard Winston form our medical team and take turns being on site during the summer. Our doctors are all former campers and/or staff and current parents of campers and/or staff.



MEDICATION

All medication (prescriptions, allergy serums, etc.) should be brought to the bus and given to our camp health care staff that will be there with an ice cooler. Special medications must be supplied in adequate quantities. All medication must be provided in its original bottle or package - our medical staff cannot dispense it otherwise. Any additional medications needed throughout the summer will be purchased by the camp and charged back to your account.

Any medication brought to camp must be kept in the health centre. Campers may only keep medicine in cabins under instructions from your doctor and with the permission and acknowledgement from the Health Centre and Camp Director. The only exception to this rule applies to campers that have medications that require immediate, possibly life saving dispensing including asthma inhalers and epi-pens or allerject. These campers must bring a “fanny pack” or other means to enable them to carry their meds at all times on their person.

If your child is on medication that requires strict observance, any breach of which would have serious health consequences, you must discuss the details with one of the Directors and/or the Camp Doctor.

CAMPER ILLNESS AND NOTIFYING PARENTS

Campers with any routine complaints go to the Health Centre to be checked after breakfast or lunch every day during “Sick Call”. Campers with mild fever, upset stomach or persistent colds will be admitted to the Health Centre to rest and recuperate. Where the camper “bounces back” in a day or less and returns to activity, we do not normally advise parents of the “illness”. However, parents will be notified (via telephone) by the attending physician and/or director regarding the health of a camper in the following circumstances:

- If the camper is transported off camp property for special diagnostic tests/services (i.e. x-rays, dental appointments) or therapeutic management of injuries/illness requiring emergency treatment (i.e. Orillia Soldiers Memorial Hospital & dental emergencies).
- If invasive procedures are performed on a camper (e.g. suturing) or if special medications are being prescribed (e.g. antibiotics).
- If the camper is admitted to the Health Centre admission for longer than 48 hrs or a protracted illness is evident.
- If a camper is found to have lice. The camp will provide proper shampoo and combing and examine other campers in the cabin, who will be examined as a precautionary measure. If a camper comes to camp with lice, parents will be charged for lice removal. If a camper’s lice persist, parents may be asked to provide physical assistance with combing and scalp examination either at camp or at home.

In any of the situations listed above, if the parent cannot be contacted initially, attempts will continue to be made to notify parents/emergency contacts of the clinical situation (refer to our Emergency Policy for further details). A Health Centre staff will phone regarding updated information when necessary after the physician has spoken to the parents/emergency contact regarding any of the above listed circumstances.

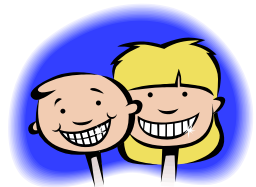
HEALTH FORM

The camper Health Form must be fully completed every year (this is in compliance with OCA regulations). Don't forget to indicate your Ontario Health Card Number, including version code, or other health insurance. All completed forms must be received by our office prior to your child's starting camp. Health information can be completed and updated on-line through the camp website under applications/forms. Bring the Health Form to the bus only if it is impossible to complete it on time. A camp health centre staff will be available at the bus departure site to receive last minute health forms and any medications being sent to camp. Do not pack health forms or medications in your camper's duffel bags - give directly to our health centre staff.

Children arriving at the departure bus without completed health forms **might not** be permitted to board until the form is received.

DENTIST AND ORTHODONTIST PRE-CAMP VISIT

A visit to the dentist or orthodontist by campers is advised to take care of last minute fillings and avoid teeth troubles during the summer. Please make sure braces and retainers are in good shape and you pack elastics and wax. In most cases the orthodontist in Orillia will only do temporary work to make your camper comfortable until they return home and can see their own orthodontist. Note as well that the dentists and orthodontists in Orillia require payment at the time of the appointment - you will be contacted for your credit card number. If your credit card number is not available and the camp is required to pay the bill, it will be charged back to your account.



SUN SAFETY

We are always concerned about the harmful affects of the sun and ozone depletion. Our Health Centre is aware of this problem and will continue to update information and guidelines for our staff during pre-camp training this season. Sun safety and awareness is an educational process that must start at home as well as include staff and campers at camp. We will instruct our staff to be vigilant in protecting their campers and themselves through the observance of the following routines:



- Apply waterproof sunscreen before leaving the cabin each morning and reapply after rest hour or as required.
- Wear a hat.
- Wear protective clothing particularly light and loose fitting items.
- Wear proper sunglasses when appropriate (based on activity.)
- Avoid sunbathing.

Parents can help by discussing the issue at home and sending along the proper sunscreen (waterproof, minimum 15SPF), clothing and accessories (hat and sunglasses).

HEAD LICE

Lice is an ongoing concern at camp and elsewhere. In recent years one or two campers have come to camp with lice, which parents were unaware of, or had treated unsuccessfully. This results in sporadic outbreaks of lice throughout the summer. Our medical and program staff will do their best to identify a lice problem and see that it is treated properly. As a precaution, we suggest a thorough lice check prior to coming to camp. If your child is found to have lice and has been treated, please notify the camp. A charge of \$200 for treatment will be incurred if the child arrives at camp with lice.

As mentioned previously, parents will be contacted in the case their child is found to have lice. If the problem is particularly aggressive and resists our treatment, parents may be asked to come to camp to assist with combing nits (lice eggs) or in some cases taking their child home until the problem is remedied.

INSURANCE NON-ONTARIO RESIDENTS

Camp Wahanowin provides automatic Health and Accident Insurance Coverage for all non-Ontario campers through our insurance provider. The purpose of this policy is to provide basic coverage and/or to supplement any government or private plan of such campers that may not cover certain emergency hospital, medical or surgical services while in Ontario. The maximum insurable amount is \$25,000.00.



JEWISH OBSERVANCES

Our food service is kosher style. Specifically meat and dairy are not served together at any meals, nor are any pork or seafood products served. A short traditional blessing (the Motzi) is said in Hebrew and English prior to every meal.

Each Friday evening at camp we celebrate Shabbat which includes a Shabbat dinner followed by a service. This evening routine varies slightly from other meals. Campers and staff are asked to “dress up” for dinner, usually wearing clean white shirts and nicer pants or shorts. The meal and service is “hosted” by a different Unit each week. This Unit greets campers and staff as they enter the Dining Hall. There are no bells announcing dinner on Shabbat, instead music is played throughout camp and everyone proceeds with their Unit, oldest to youngest, around the perimeter of main camp into the Dining Hall. Dinner is a typical Shabbat meal; candle lighting, Kiddish (blessing for wine) and Motzi (blessing for bread - Challah)



Following dinner a service is held in the theatre. Each week a different Unit leads the service which is comprised of commentary and songs related to a central theme. Subjects in the past have included Friendship, Family, Kindness, the Holocaust, Tikkun Olum (repairing the world), Camp, Making a Difference and Heroes. Our services' underlying focus is related to Judaism, but the overall tone is non-religious. This tradition is cherished by all campers and staff, even those who are not Jewish.

FOOD SERVICE

OUR MENU AND SPECIAL DIETS

We are proud of our long standing reputation of being the camp where the food is great! Wahanowin plans it's menus in accordance with the Canada Food Guide, keeping in mind camper appetites and tastes. While we are happy to accommodate campers with special dietary needs, these options are only available to those campers whose diets are governed by medical restrictions (allergies, lactose intolerance, diabetes) or lifestyle choices (vegetarian, vegan). The camp cannot accommodate individual taste and food preferences - we serve over six hundred people at every meal!



Campers that require vegetarian, vegan or lactose free diets will be asked to sign up for them prior to camp and will have options available as necessary. If a child signs up for this option, it must be adhered to throughout their stay at camp - a child cannot choose a regular meal one day and the vegetarian meal the next. Our kitchen prepares regular and special dietary meals based on prearranged numbers. A gluten-free menu is also available at an additional charge. Please contact the camp office for further details.

Campers with other dietary restrictions (allergies, diabetes, etc) especially where modifications are required to prevent adverse physical reactions, should call Patti or Tan to discuss menus. Camp Wahanowin provides a gluten free alternative meal, which is prepared by our kitchen. There is an additional fee for this service.

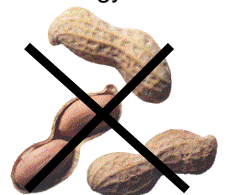
Over the years we have accommodated campers with a variety of special diets, medical conditions and life-threatening allergies that required tailoring our menu. We will continue to offer this service so that no one has to miss camp due to a special dietary need.

KOSHER MEAT: Although we do not serve any pork products, our meat is not kosher. We can provide kosher meat for campers that prefer this option, however there will be an additional fee for this service.

NUT SAFE DINING HALL AND TUCK SHOP

In 1999, Wahanowin stopped serving any peanuts and/or peanut products at camp, including meals prepared in our kitchen, while on trips or excursions, special snacks and treats provided in our tuck shop. We are very diligent in checking ingredients for all food coming into camp and will continue to be so that any camper with a nut allergy will be safe and feel confident about the food eaten at camp.

While we can control what we bring into our kitchen and tuck shop, we are unable to control what parents send to camp with their children. This is one of the reasons we are committed to strictly enforcing our “No Food Policy” and why we ask parents to support this policy and not send **any** food with their camper.



CABIN AND UNIT PLACEMENTS

Campers are grouped in cabins according to their age and grade as outlined below:

| Grade Completing in 2019 | Age by December 2019 | Unit |
|--------------------------|----------------------|--------|
| SK - 2 | 6-8 | BB |
| 3 | 9 | Bear |
| 4 | 10 | Eagle |
| 5 | 11 | Senior |
| 6 | 12 | Grad |
| 7 | 13 | PeeGee |
| 8 | 14 | Alumni |
| 9 | 15 | LTP |
| 10 | 16 | CIT |



We do our utmost to honour as many requests as possible, within reason. Please remember, we have each individual camper's best interest in mind and are committed to providing every camper a "good fit" and positive cabin experience. All placements are done at the discretion of the Camp Director. Immediately after arrival your child will write to you with their cabin details including cabin number. Cabin placements are not given out prior to camp so please do not call our office to ask for cabin lists or numbers. As well, cabin placements are posted on our website immediately after campers arrive on opening day and changeovers.

DIRECTORS AND HEAD STAFF

The following are our Directors and Head Staff line - up for this summer. Our team is carefully selected and groomed to be ready for their important role at camp.

| | |
|--------------------------------|---|
| Founder | Harold Nashman |
| Camp Directors | Bruce Nashman, Patti Nashman (<i>Camp Mom</i>) and Peter Thistlethwaite |
| Assistant Director | Tan Robertson |
| Program Director | TBC |
| Special Groups Director | Katie Maalouf |
| Theatre Director | TBC |
| Special Programs | TBC |
| Unit Heads | |
| BB-Bear | TBC |
| Eagle | TBC |
| Senior | TBC |
| Grad | TBC |
| PeeGee | TBC |
| Alumni | TBC |
| LTP | TBC |
| CIT Coordinator | TBC |
| Heads of Swim | TBC |

Together this group forms a dynamic team and makes our camp a special place for our campers to spend their summer!

TYPICAL DAY AT CAMP

If you are wondering how your child will spend their day at camp here is a schedule of a camper's typical day. The day begins at flagpole (O'Canada...) followed by exciting activities (adventure programs, creative arts, land sports, waterfront activities plus special events), delicious food (mmmm). The day finishes with an evening program before sleepy campers return to their cabins for bedtime. Click [here](#) to see a specific breakdown of a "Typical Day".



WAHANOWIN SONGS

An integral part of the camp experience is sharing the songs that have become part of our tradition. Whether around the campfire, in the Dining Hall or throughout the program day, music and song convey the reasons why camp means so much to us - the activities we do, the friendships we form and the sense of family and community that stays with us always.

W – Song

W – that's the way we begin
A – that's the second letter in
H - that is the third
A - like the beginning of the word
N - that's the letter my friend
O - now we're nearing the end
W – A – H – A – N – O – W – I – N
That is the way we spell Wahanowin

Rufus raftus Johnson Brown
What ya gonna do when the rent comes 'round
What ya gonna say, what ya gonna pay
You never made a dollar 'til your dying day

Well you know and I know that the rent takes dough
The landlords gonna throw you right out in the snow
Rufus Raftus Johnson Brown
What ya gonna do when the rent comes 'round

Wahanowin Song

Hard to know where to begin
So much goes on at Wahanowin
Riding and Waterskiing, Music and Arts
Eight groups of campers, all taking part

Learning new ways to have fun
Playing with friends in the summer sun
Camping is great when your spirit is bright
Right at Wahanowin, right? Right!

Sing songs after dinner and the campfires too
No one is lacking for something to do

Hundreds of ways to have fun
Playing with friends in the summer sun
Camping is great when your spirit is bright
Right at Wahanowin, right? Right!

Da da da da da
Da da da da da
Da da da da da da
Zest!

Wahanowin Jazz

We're strutting down Rama and we came to a spot
Lots of stuff going down, the scene was real hot
People sailin', waterskiin', workin' on plays
Others lyin' on the docks catching some rays
We're all so hip, and got pizzazz
We're jiving to Wahanowin jazz

Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
We're all so hip and got pizzazz
We're jiving to Wahanowin jazz

There's BB's, Bears and Eagles too
Seniors, Grads they groove
PeeGee's, Alumni and LTP
They're always on the move

Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
We're all so hip and pizzazz
We're swinging to Wahanowin jazz

Let's end this shakin' tune in an exciting way
We'll leave our troubles elsewhere for another day
Today we're high in spirits and we're ready to jam
They'll be singing this song all over the land
We're all so hip, and got pizzazz
We're wailing to Wahanowin jazz

Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
Wahana Wahana Wahana Wahana Wahanowin
We're all so hip and got pizzazz
We're wailing to Wahanowin jazz
Oh yeah!